

USEFUL ADVICE FOR THE PREVENTION OF ATTACKS AGAINST


women




EMERGENCY NUMBERS:

112 / 199

www.police.gov.cy

 Cyprus Police - official profile account

 Cyprus_Police

Criminal Investigation - Department C
Department of Research & Development

CYPRUS POLICE



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CYPRUS POLICE





SAFETY ON THE ROAD

While driving on a deserted road or on a road without a lot of traffic do not stop if for any reason, an unknown person signals out to you to do so

Make sure that there is enough fuel in your vehicle for your trip and that your car is in a good condition.

Do not ask for a lift and do not accept a lift from an unknown person. When you get into your car, lock the doors and keep them locked while driving.

Avoid parking your car in an isolated dark parking area with poor lighting. Choose a parking area from which you can easily leave.

When you are out at night, and you are returning to your car, make sure that you find your car keys in advance and you are holding them, so that you can open it straight away. Be observant and cautious so that you become aware of the possible presence of other person(s) in the area nearby, or in the car. Do the same when you return to your house, so that you do not waste time looking for your keys.



SAFETY AT HOME

When someone knocks on the door of your house, make sure that you know who it is before you open the door. Do not mention or let it be implied or understood that you are alone in the house.

If you have not called for a technician, do not allow anyone who claims to be one to enter your house before you confirm that the particular person was sent by a particular company. If you live alone, make sure that only your initials are shown on your post box and your doorbell.

If you are planning to move house make sure that you fit in new locks before you move into your new house or apartment.

At night leave a light on, both within your house but also outside it

Draw your curtains so that no one can see through from outside especially at night if you receive an obscene or annoying phone call simply hang up. Do not get involved in any argument or discussion.

Avoid getting into a lift with a person who is unknown to you. If you do so, make sure that you stand near the door, beside the emergency call button.



SAFETY WHILE WALKING

At night avoid walking alone in a deserted isolated area with poor lighting. Call the police immediately if you become aware that you are being followed by someone who might harm you.

If you need to ask for directions or information, approach and talk to families, women with children, or other persons who inspire confidence.

Walk in the inner part of a pavement, next to buildings, not along the edge. Any bags you are carrying should always be closed.

Avoid walking by parked vehicles which have their engine running, or in which there are persons. When you go jogging or walking avoid isolated areas; if you are using headphones make sure that the volume is low, so that you are able to hear and become aware of any danger.

If anyone attacks you, scream as loud as you can, run / put up resistance. Startling or surprising your attacker is a good tactic.



SAFETY ON THE BUS

Prefer to wait for a bus at a well-lit bus stop where there are usually a lot of people.

Be careful when entering or getting off a bus as there is an increased danger of your property being stolen.

While on the bus, sit behind the driver or near the exit.



SAFETY WHEN OUT AT NIGHT

Have the glass out of which you are drinking with you all the time. If you need to leave it, for a while, it is best to order another drink.

When ordering a drink, prefer bottled drinks such as beer, etc. If at any point you do not feel well, call a trusted person to take you home.



RAPE

If you become a victim of rape, report it to the police directly.

Do not change the clothes you are wearing.

Do not wash and do not use the toilet.

In this way evidence which is vital to the investigation and detection of the case will be preserved and secured.

Try to remember the characteristics of the offender or any other details so that the police can be assisted in their effort to find the offender.

Details required by the Police:

Description of the vehicle used by the offender (type, colour etc), description of the offender (build, colour of eyes, hair, clothes, special characteristics, such as scars, etc)

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